

Number	Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
30	Deborah	Elliott	2553	0:42:33	0:04:48
33	Martin	Thomas	2040	0:34:00	0:13:21
16	Darren	Lewington	2722	0:45:22	0:01:59
1	Hayley	Woolnough	2304	0:38:24	0:08:57
10	Clare	Sinnott	2342	0:39:02	0:08:19
15	Steve	Wallbridge	2102	0:35:02	0:12:19
36	Cathy	Booth	2430	0:40:30	0:06:51
6	Lucia	Milone	2503	0:41:43	0:05:38
19	Alison	Gregg	2608	0:43:28	0:03:53
5	Tim	Sluman	2197	0:36:37	0:10:44
32	Carol	Basnett	2826	0:47:06	0:00:15
12	Catherine	Mason	2380	0:39:40	0:07:41
13	Sandra	Stuart	2513	0:41:53	0:05:28
21	Kathy	Haig	2841	0:47:21	0:00:00
23	Sue	Monaghan	2352	0:39:12	0:08:09
17	Eleanor	Laney	1793	0:29:53	0:17:28
22	Haiggy	McHaig	1931	0:32:11	0:15:10
7	Ceri	Griffiths	1948	0:32:28	0:14:53
9	Gary	Farquarson	1828	0:30:28	0:16:53
35	Michael	Grant	1823	0:30:23	0:16:58
28	Hattie	Jenkins	1750	0:29:10	0:18:11
34	Debbie	Masding	2515	0:41:55	0:05:26
38	Sarah	Wallbridge	2220	0:37:00	0:10:21
3	Wayne	Jones	1725	0:28:45	0:18:36
26	Duncan	Mounsor	2072	0:34:32	0:12:49
27	Norm	Lever	2160	0:36:00	0:11:21
14	Miranda	Foster	2021	0:33:41	0:13:40
2	Richard	Birch	1670	0:27:50	0:19:31
37	Jeanette	Gullick	2058	0:34:18	0:13:03
25	Dale	Midwinter	1747	0:29:07	0:18:14
20	ALine	Imray	2015	0:33:35	0:13:46
39	Sarah	Fennell	2620	0:43:40	0:03:41
18	Jane	Birch	2474	0:41:14	0:06:07
29	Sera	Jones	2184	0:36:24	0:10:57
31	Phil	Jeyes	1910	0:31:49	0:15:31
24	Maddie	Page	2092	0:34:52	0:12:29
11	Katy	Gaze	2102	0:35:02	0:12:19
4	Cottia	Howard	2756	0:45:56	0:01:25
8	James	Clay	2591	0:43:11	0:04:10

Handicap Race Time				
Min	Sec	Rank	Points	Penalties
43	42	1	50	25
43	54	2	49	20
43	56	3	48	15
44	25	4	47	10
44	39	5	46	5
45	20	6	45	
45	29	7	44	
45	51	8	43	
45	57	9	42	
46	2	10	41	
46	7	11	40	
46	9	12	39	
46	27	13	38	
46	29	14	37	
46	31	15	36	
46	32	16	35	
46	34	17	34	
46	40	18	33	
46	42	19	32	
46	44	20	31	
46	46	21	30	
46	47	22	29	
46	48	23	28	
46	55	24	27	
47	7	25	26	
47	27	26	25	
47	40	27	24	
47	42	28	23	
47	52	29	22	
47	56	30	21	
48	9	31	20	
48	13	32	19	
48	24	33	18	
48	33	34	17	
48	39	35	16	
50	43	36	15	
51	41	37	14	
51	48	38	13	
		DNF	1	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2622	2553	0:42:33	288	2334	0:38:54	-219
2634	2040	0:34:00	801	1833	0:30:33	-207
2636	2722	0:45:22	119	2517	0:41:57	-205
2665	2304	0:38:24	537	2128	0:35:28	-176
2679	2342	0:39:02	499	2180	0:36:20	-162
2720	2102	0:35:02	739	1981	0:33:01	-121
2729	2430	0:40:30	411	2318	0:38:38	-112
2751	2503	0:41:43	338	2413	0:40:13	-90
2757	2608	0:43:28	233	2524	0:42:04	-84
2762	2197	0:36:37	644	2118	0:35:18	-79
2767	2826	0:47:06	15	2752	0:45:52	-74
2769	2380	0:39:40	461	2308	0:38:28	-72
2787	2513	0:41:53	328	2459	0:40:59	-54
2789	2841	0:47:21	0	2789	0:46:29	-52
2791	2352	0:39:12	489	2302	0:38:22	-50
2792	1793	0:29:53	1048	1744	0:29:04	-49
2794	1931	0:32:11	910	1884	0:31:24	-47
2800	1948	0:32:28	893	1907	0:31:47	-41
2802	1828	0:30:28	1013	1789	0:29:49	-39
2804	1823	0:30:23	1018	1786	0:29:46	-37
2806	1750	0:29:10	1091	1715	0:28:35	-35
2807	2515	0:41:55	326	2481	0:41:21	-34
2808	2220	0:37:00	621	2187	0:36:27	-33
2815	1725	0:28:45	1116	1699	0:28:19	-26
2827	2072	0:34:32	769	2058	0:34:18	-14
2847	2160	0:36:00	681	2166	0:36:06	6
2860	2021	0:33:41	820	2040	0:34:00	19
2862	1670	0:27:50	1171	1691	0:28:11	21
2872	2058	0:34:18	783	2089	0:34:49	31
2876	1747	0:29:07	1094	1782	0:29:42	35
2889	2015	0:33:35	826	2063	0:34:23	48
2893	2620	0:43:40	221	2672	0:44:32	52
2904	2474	0:41:14	367	2537	0:42:17	63
2913	2184	0:36:24	657	2256	0:37:36	72
2919	1910	0:31:49	932	1988	0:33:08	78
3043	2092	0:34:52	749	2294	0:38:14	202
3101	2102	0:35:02	739	2362	0:39:22	260
3108	2756	0:45:56	85	3023	0:50:23	267
0	2591	0:43:11	250	-250	#####	-2841

**Notes:**

Est 7.2km	Your predicted OR fastest time for the race
Start Time	The time you start (in min/sec) the race AFTER the 1st starter
TOTAL TIME	Your total time for the race (including handicap)
Handicap	Number of seconds you start after the 1st starter
REAL TIME (sec) (real)	Your ACTUAL time it took to complete the race
Difference	Difference between estimated/fastest time & your actual time for that race