

Number	Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
36	Zakia	Shahanaz Hussain	3284	0:54:43	0:00:00
5	Jeffrey	Tibbles	2492	0:41:31	0:13:12
26	Victoria	Willoughby	2381	0:39:41	0:15:02
33	Jeanette	Gullick	2175	0:36:15	0:18:28
30	Elliot	Hodges	2033	0:33:53	0:20:50
2	Ross	Greening	2027	0:33:46	0:20:57
21	Megan	Davis	2473	0:41:12	0:13:31
11	Steve	Wallbridge	2128	0:35:28	0:19:15
25	Julia	Whittaker	2429	0:40:28	0:14:15
38	Jason	Hulance	2410	0:40:10	0:14:33
31	Nick	Goddard	2195	0:36:34	0:18:09
8	Kate	Nichol	2517	0:41:56	0:12:47
18	Joanne	Johnson	1987	0:33:07	0:21:36
29	Craig	Jackson	1933	0:32:12	0:22:31
35	Shaun	Carr	1919	0:31:59	0:22:44
19	John	Johnson	1840	0:30:39	0:24:04
20	Hester	Coggin	2075	0:34:35	0:20:08
7	Nicole	Hope	2349	0:39:09	0:15:34
28	Barry	Irvine	2211	0:36:50	0:17:53
23	Cathy	Booth	2673	0:44:32	0:10:11
10	Catherine	Mason	2707	0:45:06	0:09:37
24	Paul	Thomas	1910	0:31:49	0:22:54
6	Duncan	Mounsor	1892	0:31:31	0:23:12
3	Patricia	Dendy	1855	0:30:54	0:23:49
4	Ian	Poole	1862	0:31:02	0:23:41
1	Daniel	Magovern	2046	0:34:05	0:20:38
13	Mike	Smith	1935	0:32:15	0:22:28
17	Jon	Owen	3032	0:50:32	0:04:11
15	Lynne	Macedo	2838	0:47:17	0:07:26
16	Ivana	Wilson	2227	0:37:06	0:17:37
22	Issy	Ravenhill	1961	0:32:41	0:22:02
12	Heather	Smith	2583	0:43:03	0:11:40
37	Elzbieta	Antosiewicz	2179	0:36:18	0:18:25
14	Lewis	Jones	1797	0:29:57	0:24:46
27	Ed	Munro	2083	0:34:42	0:20:01
9	Liz	Garner	2605	0:43:25	0:11:18
32	Kevin	Keegan	2753	0:45:53	0:08:50
34	Ed	Collier	2036	0:33:55	0:20:48

Handicap race time				
Min	Sec	Rank	Points	Penalties
50	14	1	50	25
50	59	2	49	20
51	20	3	48	15
52	3	4	47	10
52	10	5	46	5
52	29	6	45	
52	39	7	44	
52	45	8	43	
52	55	9	42	
53	1	10	41	
53	6	11	40	
53	14	12	39	
53	18	18	38	
53	20	14	37	
53	24	15	36	
53	26	16	35	
53	32	17	34	
53	34	18	33	
53	34	19	32	
54	2	20	31	
54	8	21	30	
54	21	22	29	
54	25	23	28	
54	29	24	27	
54	31	25	26	
54	51	26	25	
54	57	27	24	
55	7	28	23	
55	19	29	22	
55	20	30	21	
55	34	31	20	
55	36	32	19	
55	49	33	18	
56	20	34	17	
56	24	35	16	
56	27	36	15	
		DNF	1	
		DNF	1	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
3014	3284	0:54:43	0	3014	0:50:13	-270
3059	2492	0:41:31	792	2267	0:37:46	-225
3080	2381	0:39:41	903	2177	0:36:17	-204
3123	2175	0:36:15	1109	2014	0:33:34	-161
3130	2033	0:33:53	1251	1879	0:31:19	-154
3149	2027	0:33:46	1257	1892	0:31:31	-135
3159	2473	0:41:12	811	2348	0:39:07	-125
3165	2128	0:35:28	1156	2009	0:33:29	-119
3175	2429	0:40:28	855	2320	0:38:39	-109
3181	2410	0:40:10	874	2307	0:38:27	-103
3186	2195	0:36:34	1089	2097	0:34:56	-98
3194	2517	0:41:56	767	2427	0:40:26	-90
3198	1987	0:33:07	1297	1901	0:31:41	-86
3200	1933	0:32:12	1351	1849	0:30:48	-84
3204	1919	0:31:59	1365	1839	0:30:39	-80
3206	1840	0:30:39	1444	1762	0:29:21	-78
3212	2075	0:34:35	1209	2003	0:33:23	-72
3214	2349	0:39:09	935	2279	0:37:59	-70
3214	2211	0:36:50	1073	2141	0:35:40	-70
3242	2673	0:44:32	611	2631	0:43:50	-42
3248	2707	0:45:06	577	2671	0:44:30	-36
3261	1910	0:31:49	1374	1887	0:31:26	-23
3265	1892	0:31:31	1392	1873	0:31:12	-19
3269	1855	0:30:54	1429	1840	0:30:39	-15
3271	1862	0:31:02	1422	1849	0:30:49	-13
3291	2046	0:34:05	1238	2053	0:34:12	7
3297	1935	0:32:15	1349	1948	0:32:28	13
3307	3032	0:50:32	252	3055	0:50:55	23
3319	2838	0:47:17	446	2873	0:47:52	35
3320	2227	0:37:06	1057	2263	0:37:42	36
3334	1961	0:32:41	1323	2011	0:33:31	50
3336	2583	0:43:03	701	2635	0:43:55	52
3349	2179	0:36:18	1105	2244	0:37:23	65
3380	1797	0:29:57	1487	1893	0:31:33	96
3384	2083	0:34:42	1201	2183	0:36:22	100
3387	2605	0:43:25	679	2708	0:45:08	103

Notes:

- Est 7.2km Your predicted OR fastest time for the race
- Start Time The time you start (in min/sec) the race AFTER the 1st starter
- TOTAL TIME Your total time for the race (including handicap)
- Handicap Number of seconds you start after the 1st starter
- REAL TIME (sec) (real) Your ACTUAL time it took to complete the race
- Difference Difference between estimated/fastest time & your actual time for that race