

Number	Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
22	Nela	Trowbridge	2593	0:43:13	0:07:41
17	Ivana	Wilson	2263	0:37:43	0:13:12
3	Joanne	Johnson	1901	0:31:41	0:19:14
21	Jim	Trowbridge	2228	0:37:08	0:13:47
15	Patricia	Dendy	1826	0:30:26	0:20:29
18	Robert	Foord	1803	0:30:03	0:20:52
5	Jeffrey	Tibbles	2267	0:37:47	0:13:08
2	Craig	Jackson	1849	0:30:49	0:20:06
19	Issy	Ravenhill	2011	0:33:31	0:17:24
11	Lewis	Jones	1705	0:28:25	0:22:30
4	John	Johnson	1762	0:29:22	0:21:33
6	Ian	Poole	1849	0:30:49	0:20:06
16	Kate	Nichol	2427	0:40:27	0:10:28
20	Cathy	Booth	2631	0:43:51	0:07:04
13	Sue	Monaghan	2576	0:42:56	0:07:59
7	Ross	Greening	1892	0:31:32	0:19:23
14	Barry	Irvine	2141	0:35:41	0:15:14
12	Julia	Whittaker	2320	0:38:40	0:12:15
10	Lynne	Macedo	2873	0:47:53	0:03:02
1	Elzbieta	Antosiewicz	2244	0:37:24	0:13:31
9	Zakia	Shahanaz Hussain	2989	0:49:49	0:01:06
8	Jason	Hulance	2307	0:38:27	0:12:28

Handicap Race Time				
Min	Sec	Rank	Points	Penalties
49	28	1	50	25
50	18	2	49	20
50	23	3	48	15
50	52	4	47	10
50	53	5	46	5
51	26	6	45	
51	28	8	44	
51	35	7	43	
52	4	9	42	
52	9	10	41	
52	18	11	40	
52	22	12	39	
52	35	13	38	
52	41	14	37	
52	46	15	36	
52	50	16	35	
53	1	17	34	
54	57	18	33	
55	25	19	32	
56	33	20	31	
59	17	21	30	
		DNF	1	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2968	2593	0:43:13	462	2506	0:41:46	-87
3018	2263	0:37:43	792	2226	0:37:06	-37
3023	1901	0:31:41	1154	1869	0:31:09	-32
3052	2228	0:37:08	827	2225	0:37:05	-3
3053	1826	0:30:26	1229	1824	0:30:24	-2
3086	1803	0:30:03	1252	1834	0:30:34	31
3088	2267	0:37:47	788	2300	0:38:20	33
3095	1849	0:30:49	1206	1889	0:31:29	40
3124	2011	0:33:31	1044	2080	0:34:40	69
3129	1705	0:28:25	1350	1779	0:29:39	74
3138	1762	0:29:22	1293	1845	0:30:45	83
3142	1849	0:30:49	1206	1936	0:32:16	87
3155	2427	0:40:27	628	2527	0:42:07	100
3161	2631	0:43:51	424	2737	0:45:37	106
3166	2576	0:42:56	479	2687	0:44:47	111
3170	1892	0:31:32	1163	2007	0:33:27	115
3181	2141	0:35:41	914	2267	0:37:47	126
3297	2320	0:38:40	735	2562	0:42:42	242
3325	2873	0:47:53	182	3143	0:52:23	270
3393	2244	0:37:24	811	2582	0:43:02	338
3557	2989	0:49:49	66	3491	0:58:11	502

**Notes:**

- Est 7.2km Your predicted OR fastest time for the race
- Start Time The time you start (in min/sec) the race AFTER the 1st starter
- TOTAL TIME Your total time for the race (including handicap)
- Handicap Number of seconds you start after the 1st starter
- REAL TIME (sec) (re Your ACTUAL time it took to complete the race
- Difference Difference between estimated/fastest time & your actual time for that race