

Number	Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
18	Catherine	Mason	2584	0:43:04	0:07:51
12	Liz	Garner	2670	0:44:30	0:06:25
23	Jim	Trowbridge	2215	0:36:55	0:14:00
11	Emily	Dawson	2325	0:38:45	0:12:10
2	Craig	Jackson	1849	0:30:49	0:20:06
8	Ivana	Wilson	2206	0:36:46	0:14:09
9	Sue	Monaghan	2576	0:42:56	0:07:59
22	Jason	Hulance	2307	0:38:27	0:12:28
24	Mark	Bush	2051	0:34:11	0:16:43
20	Robert	Foord	1803	0:30:03	0:20:52
6	Joanne	Johnson	1854	0:30:54	0:20:01
1	Elzbieta	Antosiewicz	2244	0:37:24	0:13:31
4	Daniel	Magovern	2053	0:34:13	0:16:42
17	Lewis	Jones	1730	0:28:50	0:22:05
10	Lynne	Macedo	2873	0:47:53	0:03:02
7	John	Johnson	1762	0:29:22	0:21:33
19	Issy	Ravenhill	2011	0:33:31	0:17:24
16	Victoria	Willoughby	2162	0:36:02	0:14:53
3	Jeanette	Gullick	2014	0:33:34	0:17:21
5	Jeffrey	Tibbles	2267	0:37:47	0:13:08
15	Julia	Whittaker	2320	0:38:40	0:12:15
21	Zakia	Shahanaz Hussain	3014	0:50:14	0:00:41
13	Ross	Greening	1892	0:31:32	0:19:23
14	Dave	Nelson	2796	0:46:36	0:04:19

Handicap Race Time				
Min	Sec	Rank	Points	Penalties
48	9	1	50	
48	22	2	49	
48	55	3	48	
49	9	4	47	
49	48	5	46	
49	52	6	45	
50	10	7	44	
50	40	8	43	
50	49	9	42	
50	54	10	41	
50	56	11	40	
51	8	12	39	
51	13	13	38	
51	16	14	37	
51	18	15	36	
51	30	16	35	
51	33	17	34	
51	45	18	33	
51	51	19	32	
52	19	20	31	
52	38	21	30	
53	18	22	29	
53	25	23	28	
53	28	24	27	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2889	2584	0:43:04	471	2418	0:40:18	-166
2902	2670	0:44:30	385	2517	0:41:57	-153
2935	2215	0:36:55	840	2095	0:34:55	-120
2949	2325	0:38:45	730	2219	0:36:59	-106
2988	1849	0:30:49	1206	1782	0:29:42	-67
2992	2206	0:36:46	849	2143	0:35:43	-63
3010	2576	0:42:56	479	2531	0:42:11	-45
3040	2307	0:38:27	748	2292	0:38:12	-15
3049	2051	0:34:11	1004	2045	0:34:05	-6
3054	1803	0:30:03	1252	1802	0:30:02	-1
3056	1854	0:30:54	1201	1855	0:30:55	1
3068	2244	0:37:24	811	2257	0:37:37	13
3073	2053	0:34:13	1002	2071	0:34:31	18
3076	1730	0:28:50	1325	1751	0:29:11	21
3078	2873	0:47:53	182	2896	0:48:16	23
3090	1762	0:29:22	1293	1797	0:29:57	35
3093	2011	0:33:31	1044	2049	0:34:09	38
3105	2162	0:36:02	893	2212	0:36:52	50
3111	2014	0:33:34	1041	2070	0:34:30	56
3139	2267	0:37:47	788	2351	0:39:11	84
3158	2320	0:38:40	735	2423	0:40:23	103
3198	3014	0:50:14	41	3157	0:52:37	143
3205	1892	0:31:32	1163	2042	0:34:02	150
3208	2796	0:46:36	259	2949	0:49:09	153

Notes:

- Est 7.2km Your predicted OR fastest time for the race
- Start Time The time you start (in min/sec) the race AFTER the 1st starter
- TOTAL TIME Your total time for the race (including handicap)
- Handicap Number of seconds you start after the 1st starter
- REAL TIME (sec) (real) Your ACTUAL time it took to complete the race
- Difference Difference between estimated/fastest time & your actual time for that race