

## Almost Athletes Monthly Bulletin - May 2026

### Contents

AGM – action now needed by all for **MEMBERSHIP RENEWAL**

Summer is here

Club Training Sessions

Key Events and Dates – Patsfest Saturday 13<sup>th</sup> June

### AGM - 29<sup>th</sup> April

Details of the AGM were in last month's bulletin and can also be found on the club website.

The main action now is **MEMBERSHIP RENEWAL**. Please do this now if you've not already done so – thank you.

Key messages from the AGM included:

- We are so much more than just a running club
- We agreed 4 new, member nominated club charities: Ward Buddies, Cots for Tots, Endometriosis UK and Teenage Cancer Trust.
- For 2026/27 our focus is planning and delivery for Almost Athletes Club strength – in member benefits, in volunteer support, in revenue.

*Existing members whose membership expired on 31<sup>st</sup> March 2026, have been invited to apply for membership, for the period to 31<sup>st</sup> March 2027. Annual subscriptions have been agreed as £40, first claim members, £20, second claim members. (New members who have already joined to 31.3.27 will not need to take any action). Some members have asked if they can make additional donations to the club. Please see the website and club e mail communication which has been issued by our Membership Secretary, Mark Wreford-Bush.*

### Summer is here

We certainly had a taste of hot weather in May with the Stroud Beer Race and the Cleeve Cloud Cuckoo. Feedback suggests the new lightweight race tops held up well. Full details on club kit can be found on the website. Remember that for the race series you need to in club colours so that we can cheer you on and, you secure your points! It also feels like Summer is on us as we head to **The Frogmill at Andoversford** for our Wednesday evening social runs. First one this Wednesday, 3<sup>rd</sup> June. **The Handicap series** is in full swing with 58 members (have you renewed?) signed up and

the second race takes place tonight. See facebook for further details. Our particular thanks to Mitch, Paul and their band of supporters. Good luck to all those taking part. Another sign of Summer is **The Cotswold Way Relay (4<sup>th</sup> July)**. Again, keep an eye on facebook for updates from David Chittock as he juggles the inevitable team changes. Entries are now open for **Bugatti 10km on Wednesday 29<sup>th</sup> July**. The **Meteor Mile is next on Friday 28<sup>th</sup> August**. Volunteers always needed for both events so get in touch with Peter Mitchener or Paul Jones if you can help.

### **Club run sessions – everyone welcome**

We are fortunate to have a dedicated volunteer band of England Athletics qualified leaders and coaches. Of course, Wednesday is our main club night of the week. Monday night track sessions & Tuesday night hills remain a popular staple of the weekly calendar. After feedback, we continue with our first Thursday of the month 5pm track session, aimed at runners wanting less volume and intensity. For those who enjoy their Thursday morning coffee run the group are back at The School House, St Pauls Road. The venue changes every two weeks so look out for updates on the weekly diary.

The new Thursday 6.45pm weekly grass track sessions at The Ladies College are proving a lovely venue for some although numbers remain low. It's important that we offer the sessions where there is demand so do get in touch if you would like to feedback or have ideas to share.

### **Key Events and Dates**

Check out our weekly Facebook diary post and the club website for information and any changes.

**13<sup>th</sup> June – PatsFest summer social get together/promote the club – get in touch if you can help on the day with manning the gazebo etc (Patesians Club, Everest Road – event on all day from 12pm – bar, music, social catch up – maybe even some running! Showcase the club and benefits of AA)**

5<sup>th</sup> December – Christmas Party night – new central venue, United Services Club, North Place, Cheltenham GL50 4DW

13<sup>th</sup> December – Club trip to Weston Super Mare & the Weston Christmas Cracker 10km –  
Booking details and costs to follow over the next month or so.

Let's go for a run!

Your committee  
Almost Athletes  
1<sup>st</sup> June 2026

*Want to know more?*

*Committee meeting highlights and other updates are posted on the [club website](#) under the 'NEWS' tab.*

*More details about all of our regular training sessions and social runs can be found on the ["where we meet"](#) section of our [club website](#) and on our Facebook page.*

*Club Merchandise – see ["merchandise"](#) section of the [club website](#)*